

1525 Wilmington Drive
 DuPont, WA 98327
 253.964.2490

June 2011



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 6 AM SPIN, Jessica 5 PM YOGA, Myra 6 PM BODY SCULPT, Jessica	2 5 PM Pilates & Beyond, Sharon 6 PM SPIN, Shar 7 PM ZUMBA, Krishelle	3 10 AM YOGA, Myra 5-7 PM Leased Out TAE KWON DO	4 9 AM SPIN, Jessica 10 AM-2 PM Leased Out TAE KWON DO
5 BOOT CAMP STARTS THIS WEEK! ☺ 6AM Extra Cost for Class	6 5 PM YOGA, Melanie 6 PM SPIN, Teresa 7 PM BODY SCULPT, Jessica	7 5 PM PILATES, Sharon 6 PM SPIN, Shar 7 PM ZUMBA, Krishelle	8 6 AM SPIN, Jessica 5 PM YOGA, Melanie 6 PM BODY SCULPT, Jessica	9 5 PM Pilates & Beyond, Sharon 6 PM SPIN, Shar 7 PM ZUMBA, Krishelle	10 10 AM YOGA, Melanie 5-7 PM Leased Out TAE KWON DO	11 9 AM SPIN, Jessica 10 AM-2 PM Leased Out TAE KWON DO
12	13 5 PM YOGA, Melanie 6 PM SPIN, Teresa 7 PM BODY SCULPT, Jessica	14 5 PM PILATES, Sharon 6 PM SPIN, Shar 7 PM ZUMBA, Krishelle	15 6 AM SPIN, Jessica 5 PM YOGA, Myra 6 PM BODY SCULPT, Jessica	16 5 PM Pilates & Beyond, Sharon 6 PM SPIN, Shar 7 PM ZUMBA, Krishelle	17 10 AM YOGA, Myra 5-7 PM Leased Out TAE KWON DO	18 9 AM SPIN, Jessica 10 AM-2 PM Leased Out TAE KWON DO
19 Father's Day	20 5 PM YOGA, Melanie 6 PM SPIN, Teresa 7 PM BODY SCULPT, Jessica	21 5 PM PILATES, Sharon 6 PM SPIN, Shar 7 PM ZUMBA, Krishelle	22 6 AM SPIN, Jessica 5 PM YOGA, Myra 6 PM BODY SCULPT, Jessica	23 5 PM Pilates & Beyond, Sharon 6 PM SPIN, Sharon 7 PM ZUMBA, Krishelle	24 10 AM YOGA, Myra 5-7 PM Leased Out TAE KWON DO	25 9 AM SPIN, Jessica 10 AM-2 PM Leased Out TAE KWON DO
26	27 5 PM YOGA, Melanie 6 PM SPIN, Teresa 7 PM BODY SCULPT, Jessica	28 6 PM SPIN, Shar 7 PM ZUMBA, Krishelle	29 6 AM SPIN, Jessica 5 PM YOGA, Myra 6 PM BODY SCULPT, Jessica	30 6 PM SPIN, Shar 7 PM ZUMBA, Krishelle		